**OBSESSED Session 3 outline: Rip Off**

**Bottom Line: Porn is always making a deal, and it will always rip you off.**

INTRODUCTION

When an obsession is involved, people will often unknowingly make crazy deals.

TENSION

Pornography: Now everyone feels uncomfortable. But let me promise you 2 things:

1. Today is not about shaming you.
2. Today will not cure you so you never want to look at porn again.

I just want to change the way you think about it and it comes down to this: There’s always a deal being made when it comes to porn.

The truth is: we’re being majorly and unbelievably ripped off.

TRUTH

*My son, pay attention to my wisdom, turn your ear to my words of insight,**that you may maintain discretion and your lips may preserve knowledge.**For the lips of the adulterous woman drip honey,  and her speech is smoother than oil;**but in the end she is bitter as gall, sharp as a double-edged sword (Proverbs 5:1-4 NIV).*

What we think will be a great trade ends up being a scam.

We actually go to porn because we are curious, and we want to feel **strong**, **accepted**, and **successful**. But the problem is that **these needs *can only be met in healthy relationships with people and with God.***

The exchange that’s taking place with porn feels like a good one. But just like other obsessed people, we have no idea that we’re being *totally being ripped off.*

Porn comes along when we’re feeling down and offers to meet all our needs for us, all the while having no intention of doing so.

APPLICATION

If you’re using porn to feel loved, wanted, strong, or accepted: *How’s that working for you?*

If you’ve decided to quit but haven’t been super successful:

1. ***Call it out.*** Start by at least admitting that you’re getting ripped off.
2. ***Tell someone about it.*** The more you talk about it, the more it loses its hold on you.
3. ***Progress is not perfection.*** This is a battle, and it’s rarely won overnight.
4. ***Make a better trade.*** Trade porn for something that you will get an equal trade on.

LANDING

*“God made him who had no sin to be sin for us, so that in him we might become the righteousness of God” (*2 Corinthians 5:21 NIV).

We get his perfect account before God, just as if we have *never* sinned.